

ARE YOU A CARER?

Carers Support Waverley is an independent voluntary organisation providing advice, information, support and advocacy to all carers in all caring situations.

One to one advice is available including home visits to discuss your personal situation

Carers Support Waverley **01252 718166**

Citizens Advice Bureau **08448 487969**

Guildford and Waverley PCT is working with Carer's Support Waverley in this joint venture encouraging the registration of carers in local GP practices.

Guildford & Waverley Primary Care Trust (PCT) **01252 305700**

Do you know about your rights to a carer's assessment?
As a carer you are entitled to an assessment of your needs by the local authority. If you would like an assessment please contact the Surrey County Council Contact Centre to discuss this on: **03456 009 009**

If you are a child or adult caring for someone at home or elsewhere who is ill, frail or disabled and the care you provide is unpaid, YOU ARE A CARER

The term Carer should not be confused with that of a paid care worker or someone who acts as a volunteer attached to a voluntary organisation.

CARERS REGISTRATION FORM

Here at the Surgery we are trying to put together a register of all our patients who are caring for others

The reason for this is to identify the number of Carers in the area so as to ensure that carers are offered the help and advice that is available to assist and support them in their caring role.

TO REGISTER AS A CARER

Please complete this registration form and hand it, or send it, to the receptionist at your GP surgery

Name of Practice/Health Centre		
Your full name		
Your date of birth		
Your home address		
Home Telephone Number	Work Telephone Number	May we contact you at work? YES* /NO*
May we pass this information on to Carer's Support Waverley or Surrey Young Carers?		YES*/NO*
Signature		Date

*delete as appropriate

If you are a child or adult caring for someone at home or elsewhere who is ill, frail or disabled **and the care you provide is unpaid**, YOU ARE A CARER.

Please complete the registration form opposite and hand it, or send it, to the receptionist at your GP surgery. The staff at your surgery will ensure you are registered as a carer so that you can receive support and helpful information to assist you in your caring role.

You are assured this information is STRICTLY CONFIDENTIAL. It will be used to alert staff at your GP practice of your health needs as a carer.

Please ask yourself the following questions:

- Do you need a health check/advice of your own health needs?
If so speak to your GP.
- Do you need information about services and organisations to help and support you in your caring role?
If yes, information is available from reception or other practice staff or in the surgery waiting area.
- Are you aware of the benefits that may be available to you or the person(s) you care for to help with the cost of caring?
If not, information is available from your local Citizen's Advice Bureau or the Benefits Agency, or Carers Support Waverley.
- Do you need someone to talk to in confidence about your caring situation?
If so, you can contact your local carer's support worker directly at Carers Support Waverley on 01252 718166, If you would like the practice to pass on your details to Carers Support Waverley for them to contact you, please indicate on the form.

